

Fruits

- ☐ Apples
- ☐ Apricots
- ☐ Avocados
- ☐ Bananas
- ☐ Berries
- ☐ Cherries
- ☐ Grapefruit
- ☐ Grapes
- ☐ Kiwi
- ☐ Lemons
- ☐ Limes
- ☐ Melons
- ☐ Nectarines
- ☐ Oranges
- ☐ Papaya
- ☐ Peaches
- ☐ Pears
- ☐ Plums
- ☐ Pomegranate
- ☐ Watermelon
- ☐ _____
- ☐ _____
- ☐ _____

Vegetables

- ☐ Artichokes
- ☐ Asparagus
- ☐ Basil
- ☐ Beets
- ☐ Broccoli
- ☐ Cabbage
- ☐ Cauliflower
- ☐ Carrots
- ☐ Celery
- ☐ Chiles
- ☐ Chives
- ☐ Cilantro
- ☐ Corn
- ☐ Cucumbers
- ☐ Eggplant
- ☐ Garlic Cloves
- ☐ Green Onions
- ☐ Lettuce
- ☐ Onions
- ☐ Peppers
- ☐ Potatoes
- ☐ Salad Greens
- ☐ Spinach
- ☐ Sprouts
- ☐ Squash
- ☐ Tomatoes
- ☐ Zucchini
- ☐ _____
- ☐ _____
- ☐ _____

Breakfast

- ☐ Cereal
- ☐ Grits
- ☐ Instant
- ☐ Breakfast Drink
- ☐ Oatmeal
- ☐ Pancake Mix
- ☐ _____
- ☐ _____
- ☐ _____

Meat

- ☐ Bacon
- ☐ Chicken
- ☐ Deli Meat
- ☐ Ground Beef
- ☐ Ground
- ☐ Turkey
- ☐ Ham
- ☐ Hot Dogs
- ☐ Pork
- ☐ Sausage
- ☐ Steak
- ☐ Turkey
- ☐ _____
- ☐ _____

Seafood

- ☐ Catfish
- ☐ Cod
- ☐ Crab
- ☐ Halibut
- ☐ Lobster
- ☐ Oysters
- ☐ Salmon
- ☐ Shrimp
- ☐ Tilapia
- ☐ Tuna
- ☐ _____

Frozen

- ☐ Chicken Bites
- ☐ Desserts
- ☐ Fish Sticks
- ☐ Fruit
- ☐ Ice
- ☐ Ice Cream
- ☐ Ice Pops
- ☐ Juice
- ☐ Meat
- ☐ Pie Shells
- ☐ Pizza
- ☐ Pot Pies
- ☐ Potatoes
- ☐ Tv Dinners
- ☐ Vegetables
- ☐ Veggieburger
- ☐ Waffles
- ☐ _____
- ☐ _____
- ☐ _____

Baby

- ☐ Baby Cereal
- ☐ Baby Food
- ☐ Diapers
- ☐ Diaper Cream
- ☐ Formula
- ☐ Wipes
- ☐ _____

Pets

- ☐ Cat Food
- ☐ Cat Sand
- ☐ Dog Food
- ☐ Shampoo
- ☐ Treats
- ☐ Flea
- ☐ Treatment

Baking

- ☐ Baking
- ☐ Powder
- ☐ Baking Soda
- ☐ Bread Crumbs
- ☐ Cake Decor
- ☐ Cake Mix
- ☐ Canned Milk
- ☐ Chocolate
- ☐ Chips
- ☐ Cocoa
- ☐ Cornmeal
- ☐ Cornstarch
- ☐ Flour
- ☐ Food Coloring
- ☐ Frosting
- ☐ Muffin Mix
- ☐ Pie Crust
- ☐ Shortening
- ☐ Sugar (Brown)
- ☐ Sugar
- ☐ (Powdered)
- ☐ Sugar
- ☐ Yeast
- ☐ _____
- ☐ _____

Snacks

- ☐ Candy
- ☐ Cookies
- ☐ Crackers
- ☐ Dried Fruit
- ☐ Fruit Snacks
- ☐ Gelatin
- ☐ Graham
- ☐ Crackers
- ☐ Granola Bars
- ☐ Gum
- ☐ Nuts
- ☐ Popcorn
- ☐ Potato Chips
- ☐ Pretzels
- ☐ Pudding
- ☐ Raisins
- ☐ Seeds
- ☐ Tortilla Chips
- ☐ _____
- ☐ _____
- ☐ _____

Bakery

- ☐ Bagels
- ☐ Bread
- ☐ Donuts
- ☐ Cake
- ☐ Cookies
- ☐ Croutons
- ☐ Dinner Rolls
- ☐ Hamburger
- ☐ Buns
- ☐ Hot Dog Buns
- ☐ Muffins
- ☐ Pastries
- ☐ Pie
- ☐ Pita Bread
- ☐ Tortillas (Corn)
- ☐ Tortillas
- ☐ (Flour)
- ☐ _____

Pasta & Rice

- ☐ Brown Rice
- ☐ Burger Helper
- ☐ Couscous
- ☐ Elbow
- ☐ Macaroni
- ☐ Lasagna
- ☐ Mac & Cheese
- ☐ Noodle Mix
- ☐ Rice Mix
- ☐ Spaghetti
- ☐ White Rice
- ☐ _____
- ☐ _____

Cans & Jars

- ☐ Applesauce
- ☐ Baked Beans
- ☐ Black Beans
- ☐ Broth
- ☐ Bullion Cubes
- ☐ Canned Fruit
- ☐ Canned
- ☐ Vegetables
- ☐ Carrots
- ☐ Chili
- ☐ Corn
- ☐ Creamed Corn
- ☐ Jam/Jelly
- ☐ Mushrooms
- ☐ Olives (Green)
- ☐ Olives (Black)
- ☐ Pasta
- ☐ Pasta Sauce
- ☐ Peanut Butter
- ☐ Pickles
- ☐ Pie Filling
- ☐ Soup
- ☐ _____
- ☐ _____

Refrigerated

- ☐ Biscuits
- ☐ Butter
- ☐ Cheddar
- ☐ Cheese
- ☐ Cream
- ☐ Cream
- ☐ Cheese
- ☐ Dip
- ☐ Eggs
- ☐ Egg Substitute
- ☐ Feta Cheese
- ☐ Half & Half
- ☐ Jack Cheese
- ☐ Milk
- ☐ Mozzarella
- ☐ Processed
- ☐ Cheese
- ☐ Salsa
- ☐ Shredded
- ☐ Cheese
- ☐ Sour Cream
- ☐ Swiss Cheese
- ☐ Whipped
- ☐ Cream
- ☐ Yogurt
- ☐ _____
- ☐ _____

Seasoning

- ☐ Basil
- ☐ Bay Leaves
- ☐ Bbq
- ☐ Seasoning
- ☐ Cinnamon
- ☐ Cloves
- ☐ Cumin
- ☐ Curry
- ☐ Dill
- ☐ Garlic Powder
- ☐ Garlic Salt
- ☐ Gravy Mix
- ☐ Italian
- ☐ Seasoning
- ☐ Marinade
- ☐ Meat
- ☐ Tenderizer
- ☐ Oregano
- ☐ Paprika
- ☐ Pepper
- ☐ Poppy Seed
- ☐ Red Pepper
- ☐ Sage
- ☐ Salt
- ☐ Seasoned Salt
- ☐ Soup Mix
- ☐ Vanilla Extract
- ☐ _____
- ☐ _____

Sauces &

Condiments

- ☐ Bbq Sauce
- ☐ Catsup
- ☐ Cocktail
- ☐ Sauce
- ☐ Cooking Spray
- ☐ Honey
- ☐ Horseradish
- ☐ Hot Sauce
- ☐ Lemon Juice
- ☐ Mayonnaise
- ☐ Mustard
- ☐ Olive Oil
- ☐ Relish
- ☐ Salad
- ☐ Dressing
- ☐ Salsa
- ☐ Soy Sauce
- ☐ Steak Sauce
- ☐ Sweet & Sour
- ☐ Teriyaki
- ☐ Vegetable Oil
- ☐ Vinegar
- ☐ _____
- ☐ _____

Drinks

- ☐ Beer
- ☐ Champagne
- ☐ Club Soda
- ☐ Coffee
- ☐ Diet
- ☐ Energy Drinks
- ☐ Juice
- ☐ Liquor
- ☐ Soft Drinks
- ☐ Tea
- ☐ Wine
- ☐ _____

Paper

Products

- ☐ Aluminum Foil
- ☐ Coffee Filters
- ☐ Cups
- ☐ Garbage Bags
- ☐ Napkins
- ☐ Paper Plates
- ☐ Paper Towels
- ☐ Plastic Bags
- ☐ Plastic Cutlery
- ☐ Plastic Wrap
- ☐ Straws
- ☐ Waxed Paper
- ☐ _____
- ☐ _____

Cleaning

- ☐ Air Freshener
- ☐ Bleach
- ☐ Dish Soap
- ☐ Dishwasher
- ☐ Detergent
- ☐ Fabric
- ☐ Softener
- ☐ Floor Cleaner
- ☐ Glass Spray
- ☐ Laundry Soap
- ☐ Polish
- ☐ Sponges
- ☐ Vacuum Bags
- ☐ _____

Personal

Care

- ☐ Bath Soap
- ☐ Bug Repellent
- ☐ Conditioner
- ☐ Cotton Swabs
- ☐ Dental Floss
- ☐ Deodorant
- ☐ Facial Tissue
- ☐ Family
- ☐ Planning
- ☐ Feminine
- ☐ Products
- ☐ Hair Spray
- ☐ Hand Soap
- ☐ Lip Care
- ☐ Lotion
- ☐ Makeup
- ☐ Mouthwash
- ☐ Razors/Blades
- ☐ Shampoo
- ☐ Shaving
- ☐ Cream
- ☐ Sunscreen
- ☐ Toilet Tissue
- ☐ Toothbrush
- ☐ Toothpaste
- ☐ _____
- ☐ _____

Misc. Items

- ☐ Batteries
- ☐ Charcoal
- ☐ Greeting